

Ironhand®

USER MANUAL

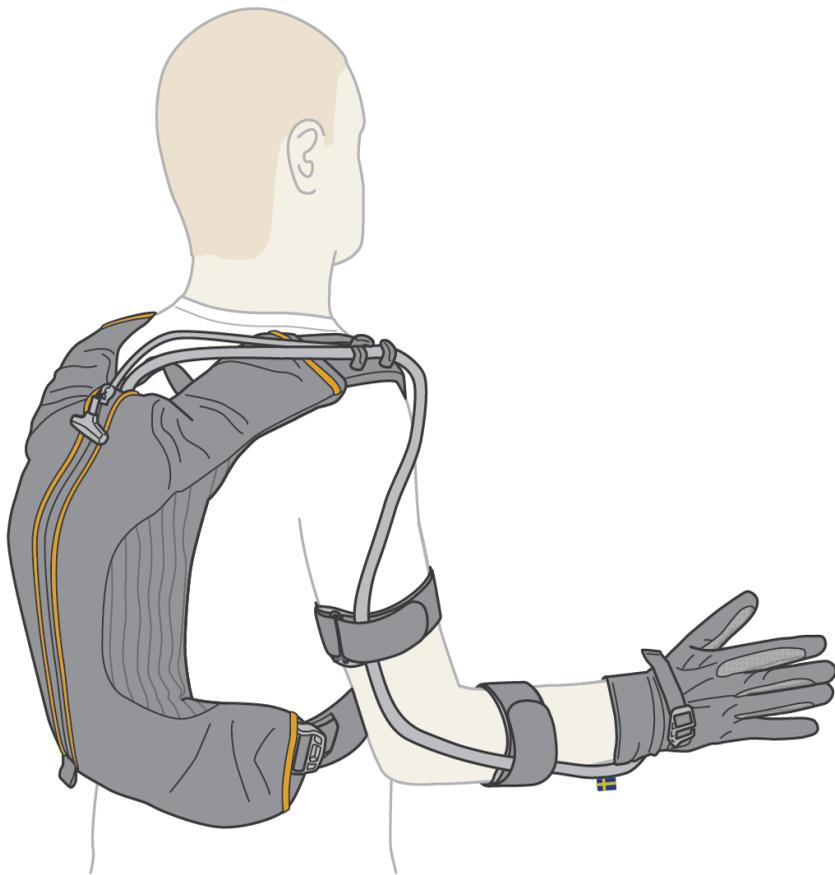


Table of Contents

1. Introduction	4
1.1 About this manual	4
1.2 About Ironhand	4
1.3 Contact information	4
1.4 Conformity	5
1.5 Symbols on Ironhand	5
1.6 Disposal	5
2. Safety	6
2.1 Risk assessment	6
2.2 Warning, caution and note definitions	7
2.3 Warnings	7
2.4 Cautions	9
3. Product overview	10
3.1 Ironhand	10
3.2 Ironhand power pack	11
3.3 Ironhand glove	12
3.4 Ironhand remote control	13
3.5 Charger	14
3.6 Size guide	15
4. To assemble Ironhand	16
4.1 To connect the glove to the power pack	16
4.2 To prepare the harness	16
5. Performance test	17
6. To use Ironhand	18
6.1 To charge and insert the battery	18
6.2 Wash your hands and use hand sanitizer	19
6.3 To put on and start Ironhand	19
6.4 To shut down Ironhand	23
6.5 To change settings in Ironhand	24
6.6 Inspections and service	25
6.7 Storage	25
7. To clean Ironhand	26
7.1 To clean the glove	26
7.2 To clean the arm straps	27
7.3 To clean the harness	27
7.4 To clean the power pack	27

8. Troubleshooting	28
9. Accessories	28
10. Technical specifications	29
11. Declaration of Conformity	30

1. Introduction

1.1 About this manual

- Read the entire user manual before you operate or do maintenance on the product.
- Always keep the user manual in a place where you can easily find it.
- If you lose the user manual, Bioservo can send you a new manual digitally on request.

1.2 About Ironhand

Ironhand is a modular system that consists of a glove, a power pack, a harness and two arm straps. The Ironhand glove mimics the user's grasp movements and gives extra strength and endurance to the grasp. This relieves the muscles and conserves the energy of the user.

Ironhand can be configured to meet the needs of each individual user. Make sure that the configuration is done before you use Ironhand.

Ironhand is intended to be used by healthy individuals who are at risk of developing musculoskeletal disorders (MSDs) or who need extra strength and endurance in the grasp.

1.3 Contact information

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1.4 Conformity

See [Declaration of Conformity](#).

For charger, see included charger manual.

For battery, see battery casing.

1.5 Symbols on Ironhand

Symbol	Description	Symbol	Description
	CE mark		Manufacturer's reference number
	Do not discard as household waste		Part that belongs to the Ironhand system
	See user guide for information		See user guide for information



Figure 1: The label on the power pack.



Figure 2: The label on the glove.

1.6 Disposal

When Ironhand becomes worn out, recycle it as electronic waste. Recycle the battery according to local regulations.

2. Safety

2.1 Risk assessment

- Qualified personnel must do a risk assessment of the work area and the work environment before Ironhand is used.
- The risk areas include, but are not limited to:
 - The risk to get caught in static or moving objects in the work area.
 - The risk to interfere with personal protective equipment.
 - Possible danger due to malfunction of the product or unintended finger contraction.

2.2 Warning, caution and note definitions



Warning! Risk of injury if instructions are not obeyed.



Caution: Risk of material damage if instructions are not obeyed.



Information for optimal use of equipment.

2.3 Warnings

2.3.1 General

- Only use Ironhand for jobs it has been approved for by Bioservo personnel or a qualified instructor.
- Only use Ironhand on the hand it is intended for.
- A protective glove must be worn on top of Ironhand.
- Do not do modifications to Ironhand.
- All service work must be done by an authorized technician.
- Stop using Ironhand if you feel that the use of it causes discomfort or an unbalanced load on your body.
- If Ironhand malfunctions, pull the red quick stop handle on the remote control downwards.
- Do not use Ironhand for tasks that can cause injury if Ironhand malfunctions. For example, do not hold a heavy container with hot liquid.
- Do not carry loads that may cause harm if dropped. Only carry objects that you would otherwise be capable of carrying.
- Always disable Ironhand before operating vehicles (bicycles included) and heavy machinery such as cranes and forklifts.



2.3.2 Battery

- ELECTRICAL HAZARD. Change in voltage supply can damage the product and cause a fire. Replace the battery with a battery of the same type and rating.
- Do not short circuit the terminals of the battery.
- Do not expose the battery to fire. This can cause an explosion.
- Do not expose the battery to temperatures above 60°C/140°F.
- Do not dismantle the battery.
- Do not use batteries that show signs of damage.
- Keep batteries out of reach of children.
- Dispose of worn out batteries according to local regulation without delay.

2.3.3 Charger

- Only use the charger specified in this guide.
- ELECTRICAL HAZARD. Earthed power supply is vital for the safe use of the battery charger. Never operate the charger without connection to an earthed power supply outlet.
- Unplug the charger when not in use. Pull the plug to disconnect the power cable. Never pull the power cable itself.
- Never use the charger with a damaged cable or if it has been dropped or damaged.
- Always keep charger and batteries clean.
- Do not dismantle the charger.
- If you have any problems with the charger while it is connected to the electric outlet, disconnect it from the power point immediately to turn off the power.

2.4 Cautions

- Use Ironhand according to the instructions. Incorrect handling can cause discomfort and void the warranty.
- Keep Ironhand clean at all times. Do not touch anything that can cause resistant stains.
- Keep Ironhand away from liquids and small particles. Liquids can easily go through the outer glove and cause damage if they enter Ironhand. To clean Ironhand, see [To clean Ironhand](#).
- Do not allow metal objects other than batteries to touch metal parts in the charger connector. A short circuit can occur and damage the charger.
- Do not use portable RF communications equipment, like mobile phones, closer than 30 cm (12 inches) to the Ironhand power pack. Otherwise, the performance of Ironhand can deteriorate.
- Use caution when operating Ironhand in environments with high levels of radio frequency noise, such as near welding equipment.

3. Product overview

3.1 Ironhand

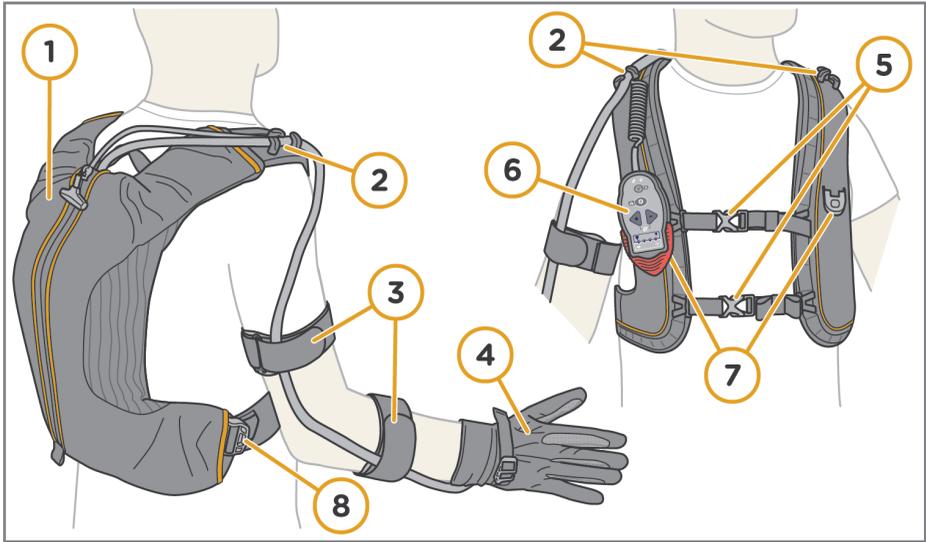


Figure 3: The components of the Ironhand system.

Item	Name	Function
1	Harness with power pack	Protects the power pack
2	Cord clamp	Holds the cords in place
3	Arm straps	Keeps the cord attached to your arm
4	Glove	Provides grasp force
5	Front closure	Connects the shoulder straps
6	Remote control	User control
7	Remote control mount	Holds the remote control in place
8	Side strap	Used to fasten the harness snugly

3.2 Ironhand power pack



The harness must always be used to prevent damage to the power pack.

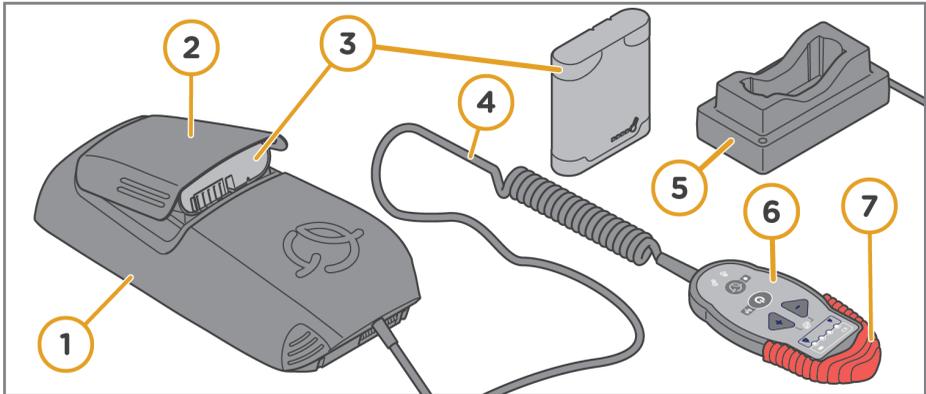


Figure 4: Ironhand power pack, remote control and battery charger.

Item	Name	Function
1	Power pack	Controls and powers Ironhand
2	Battery compartment	Keeps the battery in the power pack
3	Battery	Powers the power pack
4	Cord	Transmits commands and power between the power pack and the remote control
5	Battery charger	Charges the battery
6	Remote control	User control
7	Quick stop	Shuts Ironhand down quickly

3.3 Ironhand glove

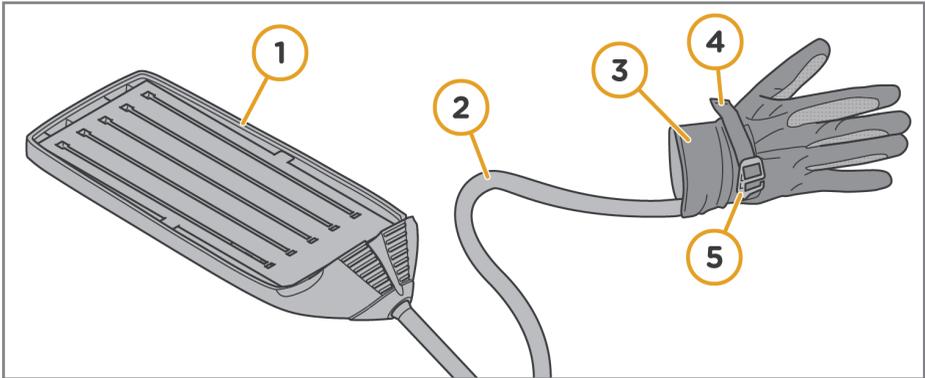


Figure 5: Ironhand glove and connector.

Item	Name	Function
1	Connector	Connects the glove to the power pack
2	Cord	Transmits sensory data and force
3	Glove	Provides grasp force
4	Strap	Secures the glove on the hand
5	Buckle	Holds and loosens the strap

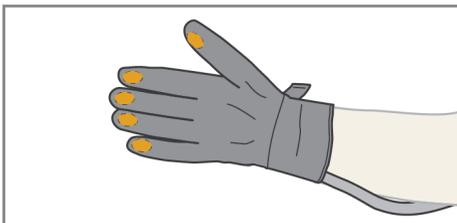


Figure 6: Sensors on Ironhand.

Name	Function
Finger sensors	Provide data to the power pack

3.4 Ironhand remote control

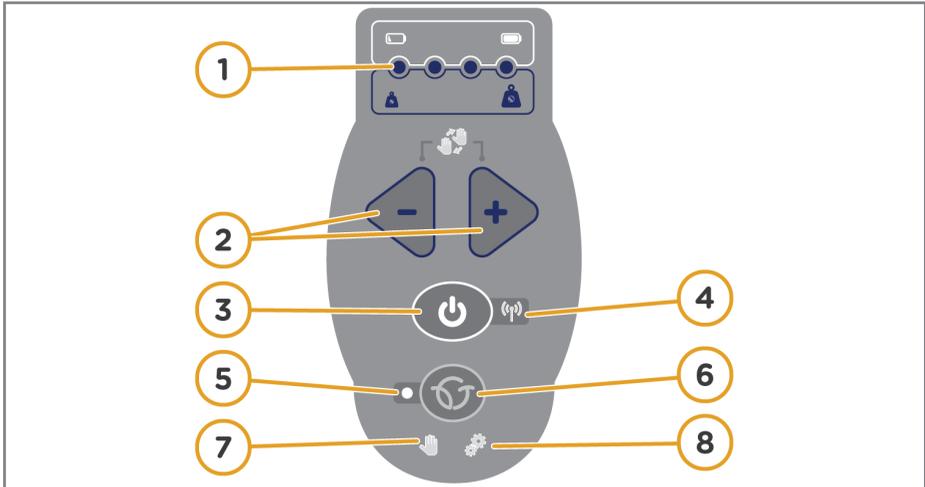


Figure 7: Ironhand remote control.

Item	Name	Function
1	LEDs	Indicates battery level in white or force level in blue
2	Force adjustment	Press to adjust the force level
3	On/off button	Hold for approximately 1 second to turn the system on or off. Double-click to enable/disable WiFi.
4	WiFi indicator	Blinking = WiFi functionality is turned on. Steady light = connected to WiFi.
5	Profile selection indicator	Off = primary profile, on = secondary profile
6	Profile selection button	Press to select profile
7	Glove status indicator	Indicates glove errors
8	Power pack status indicator	Indicates power pack errors

3.5 Charger

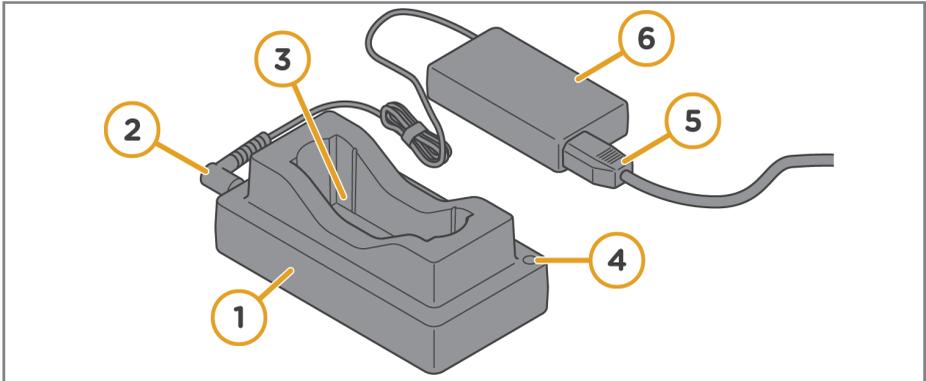


Figure 8: Charger.

Item	Name	Function
1	Battery charger	Charges the battery
2	Charger power cable	Transmits DC voltage to the charger
3	Battery slot	Holds the battery
4	Charging indicator	Indicates the status of the charger
5	Mains power cable	Transmits AC voltage to the power adapter
6	Power adapter	Converts AC to DC

3.6 Size guide

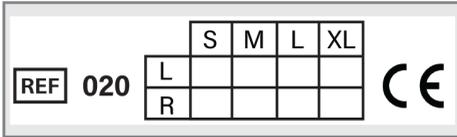


Figure 9: Ironhand size guide.

Product name	Catalogue number	Explanation	Options
Ironhand glove	020.os	o = orientation s = size	L (left), R (right) S, M, L, XL
Ironhand unit	021.0		
Arm strap	027.s	s = size	S-M, L-XL
Harness	024.s	s = size	S-M, L-XL

Example: To order a right-hand glove in size M, use the catalogue number 020.RM.

4. To assemble Ironhand

4.1 To connect the glove to the power pack

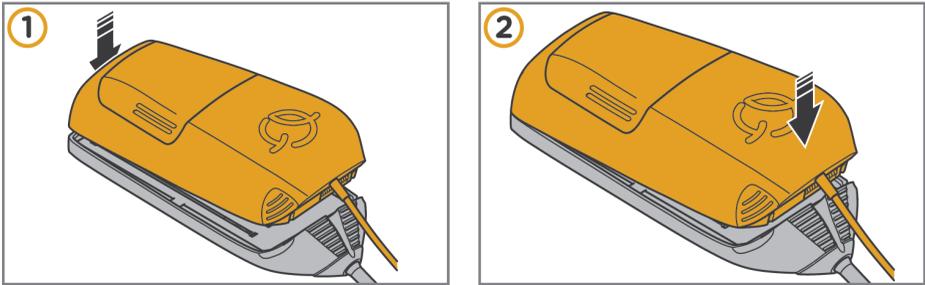
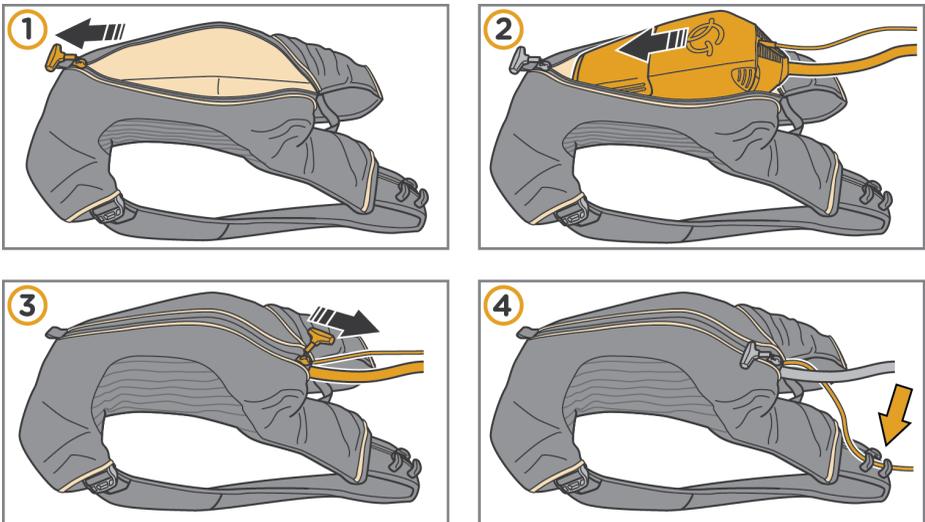


Figure 10: To connect the glove connector to the power pack.

4.2 To prepare the harness



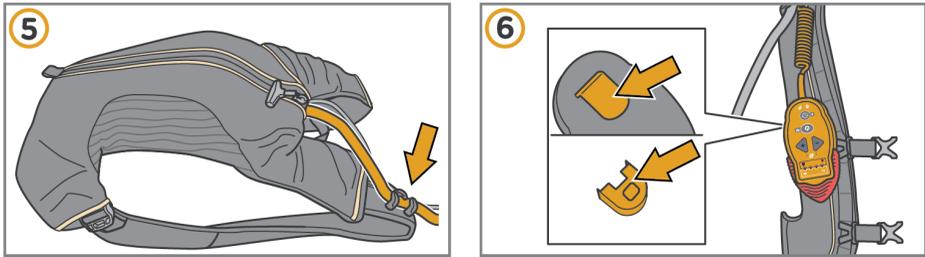


Figure 11: To prepare the harness

5. Performance test

Before use, do a performance test:

1. Inspect the Ironhand system. If it is damaged, contact the supplier.
2. Put Ironhand on according to the instructions in [To put on and start ironhand](#).
3. Make sure that the glove status indicator and the power pack status indicator are not lit. If they are lit, Ironhand has detected an error. Contact the supplier.
4. Hold an object tightly with all your fingers. Make sure that Ironhand reacts as intended to installed profiles.
5. Release the object. Ironhand should stop adding force to your hand.
6. If Ironhand does not add force when you hold, or does not stop adding force when you release, see [Troubleshooting](#) or contact the supplier.

6. To use Ironhand



Warning! Use Ironhand according to the instructions. Incorrect handling can cause discomfort.

6.1 To charge and insert the battery



The charger becomes warm during use.

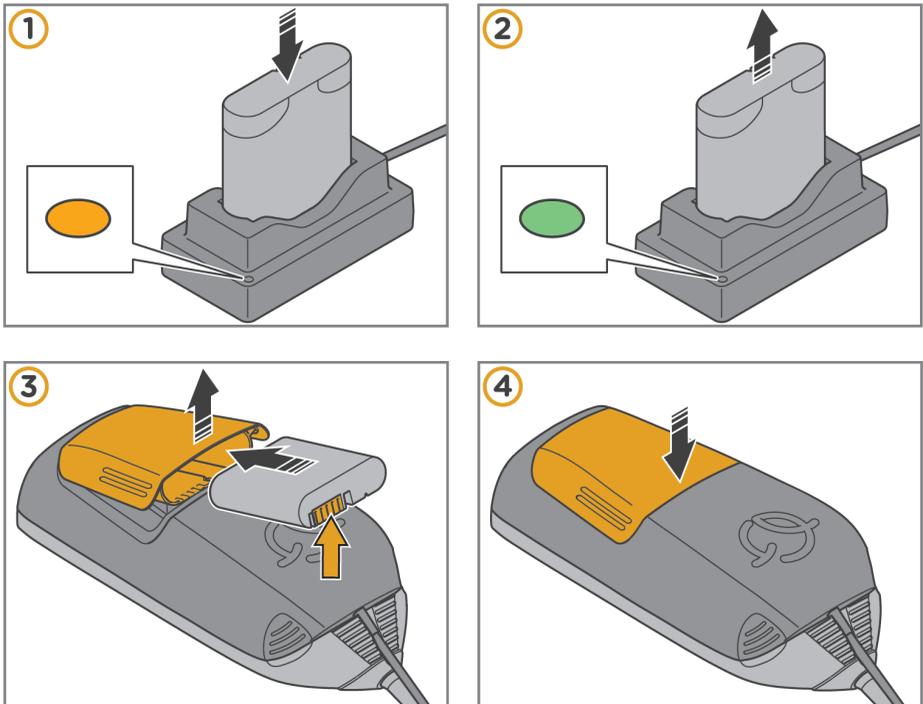


Figure 12: To charge and insert the battery.

Make sure that the battery is fully charged. The four white battery indicators on the remote control show the battery status, see [Ironhand remote control](#). You can also check the battery status on the charger.

6.1.1 Charger indicators

Light indicator	Meaning
One blink series RED/ORANGE/GREEN	Self test: the charger is ready for use.
Blinking RED/GREEN	The battery is identified.
Solid ORANGE	The battery is charging.
Solid GREEN	The battery is fully charged and can be removed.
Blinking RED	The battery is too hot or too cold to be charged.
Solid RED	The battery is damaged or of a type that cannot be recharged.

6.2 Wash your hands and use hand sanitizer



Figure 13: Before you use Ironhand, wash your hands and use hand sanitizer.

6.3 To put on and start Ironhand



If the Ironhand glove malfunctions, pull the red stop handle on the remote control downwards. This shuts down the system quickly.



Warning! A protective glove must be used on top of the Ironhand glove.



Caution: The added force can be surprising for a new user. Make sure you familiarize yourself with this extra force before you start making full use of Ironhand.

6.3.1 To put on the harness

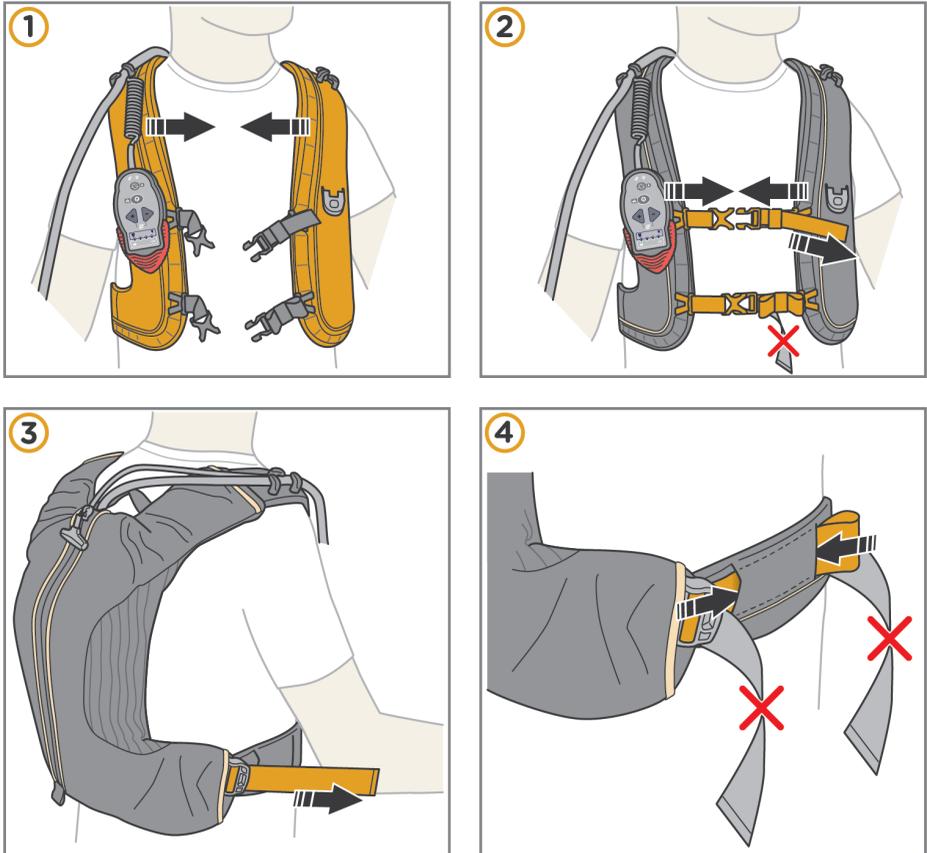


Figure 14: To put on and adjust the harness.

6.3.2 To put on the glove

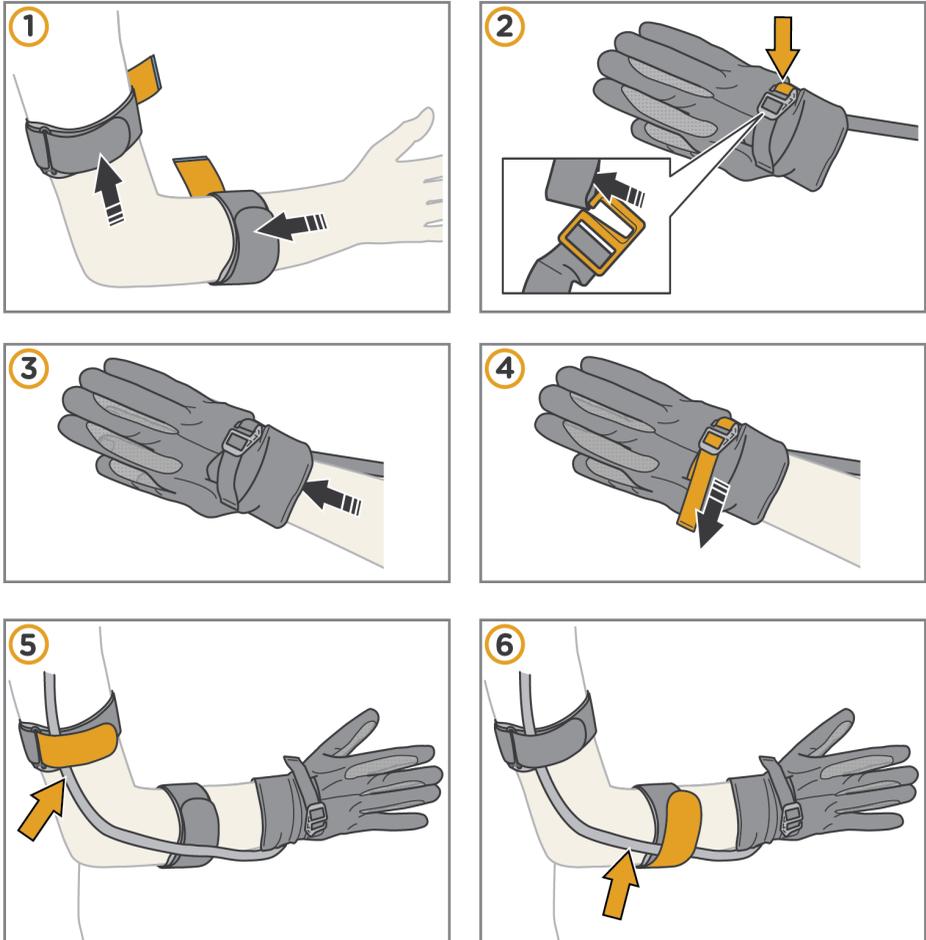


Figure 15: To put on the glove.

The glove should be tight on your wrist but not hurt. To loosen the strap, lift the buckle.



Before use, do a performance test to check the functionality. See [Performance test](#).

6.3.3 To put on an outer glove

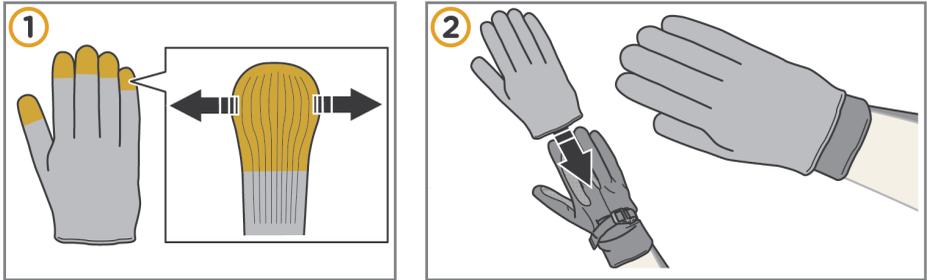


Figure 16: To put on the outer glove.

Put on the outer glove. If you experience problems with getting your fingers into the glove, try extending the fingertips of the outer glove.

6.3.4 To adjust the length of the cord

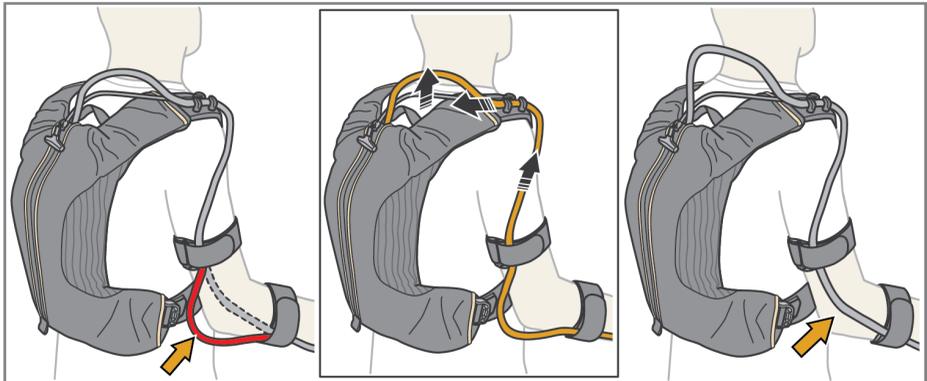


Figure 17: To adjust the length of the cord.

Slide the cord in the cord clamp to adjust the length of the cord.

6.3.5 To start Ironhand

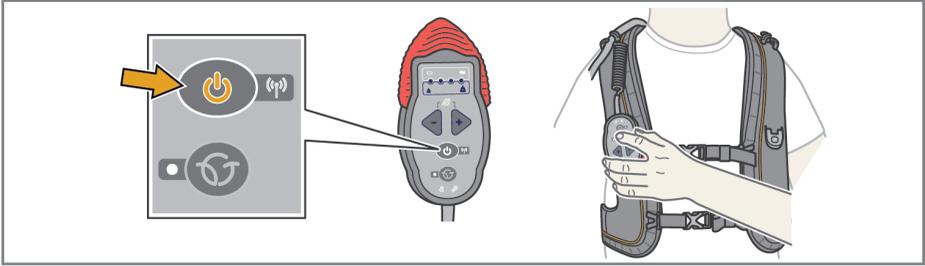


Figure 18: To start Ironhand.

Press and hold the **on/off** button on the remote control for approximately 1 second to start Ironhand.

6.4 To shut down Ironhand

Press and hold the **on/off** button on the remote control for approximately 1 second to shut down Ironhand.

6.4.1 Quick stop

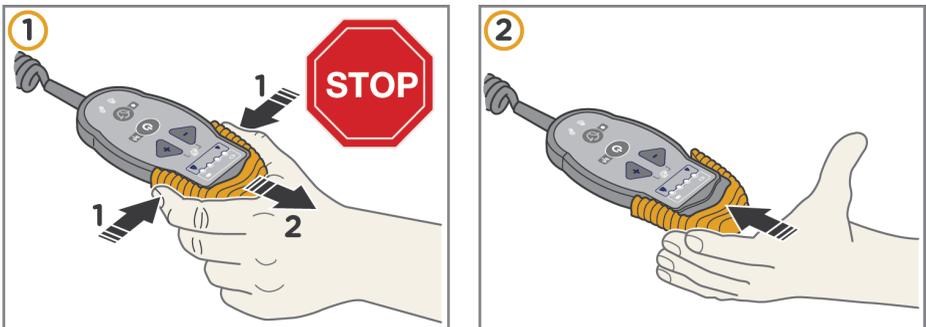


Figure 19: Quick stop.

If the Ironhand on/off button does not respond, pull the red stop handle on the remote control downwards. This stops any contraction movements of the glove and shuts down the system quickly. To reset the quick stop, press the red handle to its normal position.

6.5 To change settings in Ironhand

6.5.1 To adjust the force level

You can increase or decrease the grasp force with the plus and minus buttons on the remote control.

- Press the plus button to increase the grasp force.
- Press the minus button to decrease the grasp force.



The four blue force level indicators on the remote control show which force level you have chosen, see section [ironhand remote control](#).

6.5.2 To switch between profiles

Ironhand has two preset profiles that are accessed with the profile selection button on the remote control. Press the profile selection button to activate the profile you want to use.



The profile selection indicator (blue LED) shows which profile is active:

Off = primary profile

On = secondary profile



The profile settings can only be configured by an authorized user. Make sure that the configuration is done before you use Ironhand.

6.5.3 To connect to WiFi

You can connect a device to Ironhand using WiFi to modify settings. To do this, see separate manual.

6.6 Inspections and service



Warning! All service work must be done by an authorized technician.

Inspect Ironhand with regular intervals to make sure that it functions correctly and does not cause hazards to the user. In particular, make sure that the protective enclosure of the power pack is not damaged.

There are no parts in the power pack that can be replaced by the user. Contact the supplier for all service work.

6.7 Storage

Remove the battery if you are not going to use Ironhand for more than one week. When you keep the battery in Ironhand, it will slowly drain.

7. To clean Ironhand



No other maintenance of the product than cleaning can be performed by the user.

7.1 To clean the glove



Do not use fabric softener



Always wash the glove in a padded wash bag approved by Bioservo Technologies AB. This prevents damage to the glove and the washing machine.

Hand wash or machine wash the glove according to the below instruction. Spray the glove with isopropanol for disinfection.

	Gentle cycle for synthetics
	Do not centrifuge
	Do not use detergent with bleach
	Do not tumble dry
	Do not iron
	Do not dry clean
	Do not wring
	Hang dry in room temperature

Before use, make sure that the glove and its parts are completely dry. Straighten the fingers on the glove by pulling gently at the fingers, and attach the power pack. Check the functionality, see [Performance test](#).

7.2 To clean the arm straps

Hand wash or machine wash the arm straps according to the below instruction.



Gentle cycle for synthetics

7.3 To clean the harness

Clean the harness according to the cleaning instructions on the label of the harness.

7.4 To clean the power pack

Clean the power pack and the remote control with a damp cloth. If necessary, use mild detergent. Do not use any abrasive detergents or cleaning equipment such as scouring pad.

8. Troubleshooting

Problem	Solution
Ironhand does not start	Make sure that the battery is fully charged and inserted correctly.
Nothing happens when I grasp an object	Make sure that the force adjustment is not set to minimum and that the stop handle is not pulled down.
The system is unresponsive	If none of the above solutions are successful, press and hold the on/off button for 10 seconds to shut Ironhand down.

9. Accessories

You can order these accessories from the supplier:

Name	Product number
Battery	RRC2054
Battery charger	RRC-SMB-MBC
Arm strap small-medium	027.S-M
Arm strap large-extra large	027.L-XL
Harness small-medium	024.S-M
Harness large-extra large	024.L-XL

10. Technical specifications

Rated voltage	15 V DC
IP class	IP4X (when the glove and the power pack are connected only)
Altitude	Max 2 000 m
Total weight	2.6 kg (power pack, battery & glove 2.1 kg, harness 0.5 kg)
Max total added force	80 N
Batteries	
Type of batteries	15 V DC Li-ion
Number of batteries	1
Battery life	Approx. 8 hours, depending on usage
Contact material	
Ironhand glove	Polyamide, polyurethane, PVC, vinyl nitrile, polyethylene
Ironhand remote control	Polyamide, polyethylene
Power pack/harness	Polyamide, EVA
Ambient temperature	
Use	-5°C to +40°C
Storage	-20°C to +50°C
Ambient humidity	
Use	10% to 80% relative humidity, non-condensing
Storage	5% to 90% relative humidity, non-condensing
Expected lifetime	
Power pack	2 years or 1 000 000 cycles
Glove	2 months or 100 000 cycles
Charger	
See separate manual for specifications	
Wifi	
Frequency	2.4 to 2.5 GHz
Protocol	802.11 b/g/n/e/i (802.11n up to 150 Mbps)
FCC ID	2AC7Z-ESPWROOM32

11. Declaration of Conformity



DECLARATION OF CONFORMITY

MANUFACTURER **Bioservo Technologies AB**

ADDRESS **Torshamnsgatan 35, 164 40 Kista, Sweden**

DECLARE THAT THE FOLLOWING PRODUCTS:

MODEL NAME **Ironhand®**

TYPE **A0**

SERIAL NUMBER

CONFORM TO THE FOLLOWING STANDARDS:
EN 60601-1: 2006, EN 60601-1-2: 2015

FOLLOWING THE PROVISIONS OF DIRECTIVE:
2006/42/EG, 2014/30/EG, 2012/19/EG, 2011/65/EG

PLACE AND DATE OF ISSUE **Kista 2019-04-26**

Ibrahim Deregård
Quality Assurance Manager

Peter Löwendahl
Quality and Regulatory Affairs Director

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